



SHINTAIDO OF AMERICA

SPRING NEWSLETTER 1987

SAN FRANCISCO, CALIFORNIA

The Next Ten Years

August 1986, Shintaido Ten, celebrated Shintaido of America's tenth year. Now Shintaido embarks on its second decade.

At a recent planning meeting for our upcoming Spring workshop, Ito, Head Instructor of Shintaido in America, talked about the difference between where we are now and where we were at Shintaido Ten. There were many differences: new people, new organizations, our first advanced workshop, new babies born to veteran members! He said what was important was not just the detail of the differences, but that we must be aware of the character of each workshop or seminar so that we don't just blindly repeat ourselves.

We are at a new beginning point. It may sometimes seem like we are shrinking back. But we should not worry, we are condensing and gathering new energy. Someone compared this to the form of the Shintaido jump in which we crouch down before we leap out and up, expressing all our energy. Finally, Ito told us to think positively for this is a time to gather our energy, gain momentum and move into the future.

In Memory of Russ Staples

Shintaido of America would like to thank Suzanne Staples for asking that contributions in memory of Russ be donated to Shintaido of America. \$1,365 was donated and a new account has been opened. The money has been set aside for some special purpose and will be discussed by the Board of Directors at its next meeting.

International Shintaido Exchange

Joe and Deb Zawielski of Worcester, Massachusetts Shintaido are leaving this June for a year in France. They will be living and practicing with members of the French group in Poissy. Bon Voyage! We will miss you.

Shintaido Down Under

Our head instructor, Ito, went to Australia this year for the first time as an emissary of the International Shintaido Federation. He led a workshop and gave a speech on the history of martial arts and their relevance to today's world. On his long flight back to San Francisco from Sydney, Ito wrote the following letter to Alfred Kaufman c/o Australian Shintaido. Ito hopes they will forward it to Alfred for him. {Alfred Kaufman was (is?) the patron of Shintaido in Australia. He died in April of 1986}.

April 14, 1987

Dear Alfred Kaufman:

Sorry I was late! It was not until the morning of April 3rd, 1987 that I arrived at Kingsford Smith Airport in Sydney. I had been informed that you passed away one year ago, so that I knew that I was going to miss you. But I could not have imagined how much effort and support you had given to help start Shintaido in Australia. I was so glad to see so many of your spiritual descendants in New South Wales during my first visit to your country.

Wasn't it in the summer of 1981 when I first met you in San Francisco? Our friend, Chuck Jones met you in Golden Gate Park and told you about Shintaido. Then, he and his roommate, Richard Rapaport, invited us to their house for dinner and we ended up talking about the East & the West, cultures, religions, etc. I still remember that I gave you a lecture about my understanding of "Karma". Wasn't I so young and foolish that time? Because you just introduced yourself as a Doctor of Theology and stayed very humble, I did not recognise your great understanding about Eastern philosophy, parapsychology, and especially about Christianity as it had been introduced to the East a long time ago, until I saw you a second time in 1982.

Later in 1982, Vera Costello went back to her home town of Perth after she finished her study in Japan. When I told her to meet with you, (continued pg. 2).

SoA Calendar

The rest of 1987

- May SoA Annual Membership Meeting
Saturday, May 23rd, Camp Gualala
Annapolis, California.
- Advanced Workshop for Instructors &
Assistants, May 20 -21, San Francisco.
- Memorial Day Weekend Gasshuku, May
22 - 25 with H. Ito, M. Thompson & Guest
Instructor Robert Breant from France.
Shintaido, karate & bojutsu courses,
spring exams.
- Aug. San Francisco, Meditation and Kenko
Taiso workshop, Aug 9-15, 5:30-7:00 am.
- Oct. Advanced workshop for Instructors
and Assistants, Oct. 9 & 10, Boston,
Mass.
- Columbus Day gasshuku, Oct. 10-12,
Boston, Mass., Instructors: H. Ito, M.
Thompson & Guest Instructor Hideko
Hokari from Japan. Bokuto, bohjutsu, &
kenko-taiso courses. Fall exams.
- Nov. Thanksgiving weekend workshop, Nov.
27 -29, Los Angeles, California,
Instructors: H. Ito & Claude Breant,
Bojutsu program.

1988

- January Kan Geiko, Jan 1-3, San Francisco.
- Feb. Kan Geiko, Feb. 13 - 15, New England.
- April Japanese Shintaido National Gasshuku,
April 29 -May 1st.
- May International Instructors & Assistants'
conference, May 3 - 8, Japan.

International Shintaido Programs with Hiroyuki Aoki, Founder of Shintaido

This summer there will be several workshops in
Europe with Aoki-sensei.

Great Britain: Shintaido -- The Main Event '87.
Dates: June 24th -- 28th

Contact person: Ula Chambers
9, Coombe Rise, Saltdean
Brighton, E. Sussex
BN2 8QN England
Tel: 0273-34860

France: Federation Française de Shintaido
workshop.

Dates: July 3rd - 5th

Contact person: Nicole Beauvois
7, rue du Stade
78600 Poissy
France
Tel: 39.11.69.50

Switzerland: ITO Services (Ito & J. Kent) has set up
the following for Aoki-sensei:

Dates: June 17, Zurich, demonstration
June 18, Basel, demonstration
June 20-21, Basel, workshop

Contact: Transpersonal Association in Switzerland,
Postfach 3068, CH-300, Bern, Tel. 031/ 21 20 49

Congratulations !!!!!!!!!!!!!!!

Finally, desperate for new members, Shintaido
instructors and assistants have resorted to an age old,
time consuming and expensive plan, reproduction.
The Shintaido community would like to welcome the
following new people, in order of appearance.

Sarah Michelle Sterling born December 19th to
Rosemary Sterling, Assistant, Berkeley Shintaido
Group and Jim Sterling, Junior Instructor, Bay Area
Shintaido.

Martine Eliza Eiko Grenier Burtis born April
11th to Michele Grenier, Provisional Instructor, and Bill
Burtis, Provisional Instructor, New Hampshire
Shintaido.

Neena Narayanan born April 15th to Annelie Wilde,
member, and Kesh Narayanan, Provisional Instructor
Worcester Shintaido.

Harvard Bohjutsu Club

Mits Hadeishi and David Franklin who set up the
Harvard Bohjutsu club are graduating this year.
Congratulations!

Dear Alfred -- Continued from Page 1

I didn't realize that Perth was in the west coast. I had no
idea how far it was from Sydney until I checked an
Australian map when I was in your country this time!
Vera told me it was your magnetic power by which she
had decided to move to the east coast in 1983.

It was in the spring of 1983, when I set up a meeting for
you and Aoki-sensei. Actually, your timing was perfect.
It was just as I was leaving the Shintaido office for
Haneda airport, when you called and told us that you
were in Tokyo. Coincidentally, Alex Pope

was there, and she was looking for some Australian connection. I was able to make an appointment for the three of you right away. She told me that because you had set up a welcome committee for her, she had no fear when she arrived at Sydney in the fall of 1983.

It was very nice to see Michael & Michelle De Campo again. I had met them during TRIS in France in 1984. Now I understand that you are the one who got him to start practicing Shintaido.

Aren't there any core members of Australian Shintaido who were not brought together by you? How about Glenys Maclellan who visited us in the States and went to Japan two years ago? She was not practicing Aikido like Michael used to. Well, I was told that she came through Michael's macrobiotic connection, so that again, she came through you indirectly, didn't she?

Because Shintaido has taken root in Australia, more seeds have spread throughout the world. Let me give you a few reports.

1) With an arrangement by my business partner, John Kent, one young German martial artist came to see me in Munich last fall. His name is Jurgen Popper. It was three years ago that he read Alex's Shintaido article in the "Body Work Book." He bought this book in Frankfurt, and was very much interested in Shintaido. Right away, he contacted us in San Francisco, and asked for a video text. Then, we gave him John Kent's address & phone number as our European contact, so that he could purchase our textbook in English as well as our video tape. Nevertheless, he had to wait for two years before meeting John and receiving further Shintaido information. He did not give up. Because we could not practice so much in Munich, I invited him to my workshop for British Shintaido in London this spring where he finally saw and experienced actual Shintaido group keiko.

2) Since you are in the spiritual stage, and can be anywhere anytime, you must know what happened in Czechoslovakia last year. Yes!! Shintaido was introduced there by Alex, who visited her friend on her way back from Shintaido Ten. Her friend originally saw Shintaido in Australia and invited her to his country. Later, one woman who did Shintaido in Plaha, visited Paris and practiced with the French group. So that now they are very keen to start Shintaido in Czechoslovakia. This would never have happened if there was no Shintaido in Australia.

3) Three years ago, we received one letter from Australia, in which we were informed that someone stole Aoki-sensei's ideas from our textbook and published them as his original ideas. This problem has not been solved yet, but who would have guessed that it would create a new possibility! When I arrived at their

gasshuku site in Bowral, NSW, on Friday, April 10, I saw four karate-kids waiting for me. First of all, I was so impressed by their aspiration since they came from Swan Hill, Victoria which is just about a ten hour drive from Bowral. Secondly I was so surprised to find that the man who kindly wrote us the letter three years ago was an instructor of Shotokai and that he was the one who sent those practitioners to my workshop. His name is Wayne Une, who deeply respects Master Egami's philosophy and who has been practicing Shotokai style for the last ten years. Of course, he and his students are very much looking forward to seeing Aoki-sensei in the near future!

4) "Super Long Wave Communication." When I heard what had happened and was happening in the Shintaido movement in Australia, it reminded me of a recently developed military technology that allows communication to navy submarines which are far away from their home port on their secret missions. Thinking of this modern technology, I coined the term "SLWC" and used it as the theme of my first workshop in Australia. I wanted to encourage them, and let them know that they are connected to the International Shintaido Network.

Recently, I had the chance to read books about Edgar Cayce and his works. I found so many interesting stories about "Reincarnation", "Karma", "Essenes", "Gnosticism", "The lost age of Jesus", "Dead Sea Scrolls", which came through his "readings."

I imagine that you must have studied most of these ideas a long time ago. Do you know what I was thinking? Someday, I wanted to invite you to one of our gasshukus as a guest speaker and to set up a panel discussion with you and Aoki-sensei. I wish we could ask you to give us a talk about your understanding of these subjects and your view of 21st century religion, the East and the West, and the North and the South.

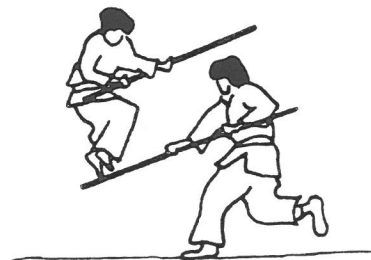
Well, Michael De Campo told me that you often told him, when you were alive, that you would come back to this universe as soon as possible and you would definitely choose Shintaido as a method of your spiritual training.

That sounds great! Yes, please come back quickly. We are looking forward to practicing with you!!!

Thinking of you on "Super Long Wave Communication." as I travel on my way back from Sydney to San Francisco.

With Hope, Faith, & Love,

Haruyoshi F. Ito



Shintaido

Surrounded by the darkness
And everything laid still
The clock just ticked the time away
Upon the window sill

I needed a new beginning
A sourceful form of art
To change my inhibitions
I needed a new start

I heard about Shintaido
I thought I should take part
I knew this would be right for me
I felt it in my heart

I attended my first lesson
It was held at Old Dear Park
It felt so good and meaningful
My sorrows did depart

My whole life now seems better
I'm glad that I took part
For Shintaido's filled the open space
I had within my heart

Where to find Shintaido (in the U.S.)

Bay Area Shintaido

Jim Sterling, Junior Instructor
Ben Schiresen, Assistant
Connie Borden, Assistant
Tom Stinnett, Assistant
244 Glenview
San Francisco, CA 94131
(415) 821-2611.

Berkeley Shintaido Group

Bela Breslau, Junior Instructor
Rosemary Sterling, Assistant
Leslie Goldberg, Assistant
(415) 731-9364

Blue Mountain Shintaido

Sarah Lee Seaman, Prov. Instructor
John Seaman, Assistant
Jennie Day, Assistant
1096 N. First Street
Union, OR 97833

Cambridge Shintaido

Michael Thompson, Senior Instructor
David Franklin, Assistant
331 Harvard Street, #10
Cambridge, MA 02139
(617) 492-6536

Shintaido New Hampshire

Michele Grenier, Provisional Instructor
Bill Burtis, Provisional Instructor
13 N. Main Street
New Market, NH 03857
(603) 659-3254

Shintaido of West L. A.

Claude Breant, Junior Instructor
Lori Breant, Assistant
2411 2nd Street
Santa Monica, CA 90405
(213) 450-4577

New SF group

(Pacific Health Systems)
Stephen Pizzella, Assistant
691 3rd Street
San Francisco, CA 94118
(415) 751-6518

Shintaido in Tuscon

Jay Zuckerman, Assistant
4060 N. Canyon Ranch Drive
Tuscon, AZ 85715
(602) 749-9000

Worcester Shintaido

Kesh Narayanan, Provisional Instructor
Kathy Mulica, Assistant
Eric Avildsen, Assistant
Faith Ingulsrud, Assistant
P. O. Box 2225
Worcester, MA 01613
(617) 791-2832

Gardena Shintaido

Friedemann Schultz, Assistant
1460 W. 182nd Street
Gardena, CA 90248
(213) 532-1654

In The Next Issue

Shintaido is Anthropocosmically symbolic!
There will be an article based on Michael Thompson's recent lecture during the West Coast Kan Geiko.

Sensei Care. Leslie Goldberg of San Francisco will investigate and write about sensei care in the next issue.

Shintaido Terminology. Faith Ingulsrud, of the Worcester group will be writing a column for the next several issues.

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